

## Mr. Dattaram Bhagwanrao Bangar

Director of Physical Education & Sports

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Sr No	Description	Details
	Name	Mr. Dattaram Bhagwanrao Bangar
	Date of Birth	01/05/1970
	Designation	Director of Physical Education & Sports
	Official Address	Shri Anand College, Pathardi
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### Educational Qualification

Exam	Subject	Year of Passing	University	Class Obtained
B. A.	English	April-1989	Pune	Higher second class
M. Ped.	Physical Education	1996	Dr. BAMU, Aurangabad	First Class with Distinction
M. Phil.	Physical Education	June 2009	Pune	A Grade

### I. Refresher/Orientation/ Short Term Programme.

Sr. No.	Refresher/Orientation	Name of Institute	Period	Subject
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<b>01</b>	Orientation	Academic Staff College , University of Pune, Pune-7	4/3/2002 to 30/3/2002	<b>General</b>
<b>02</b>	Refresher	Academic staff college, S.P.P. University, Pune	31/1/2011to 20/02/2011	<b>Information Technology (Physical Education)</b>
<b>03</b>	Refresher	Academic Staff College , Dr .B.A.M.U. Aurangabad	05/03/2013 to 25/03/2013	<b>Physical Education</b>
<b>04</b>	Refresher	Academic Staff College , A.M. University Aligarh	03/12/2013 to 23/12/2013	<b>Computer Applications(P hysical Education &amp; Sports)</b>

## II. List of Publication:

1. Adling Rohit ,Bangar Dattaram B.. “Effect of eight weeks aerobic exercises on physical and physiological variables among college men”, International journal of phygiology nutrition and physical education ISSN-2456-0057 (2017)
2. Adling Rohit ,Bangar Dattaram B.. “Yoga effect on sports performance”, International Journal of Yoga, Physiotherapy and Physical Education ISSN-2456-5067 (2017).
3. Mr. Bangar Dattaram B.. “A Proportional Study Of Nimbleness Among Handball &Basketball Male Player”, Dr. B.A.M.U.in cooperation with Faculty of H.S.S.P.R.Uni.Bangkok,Thiland. 16,17 May 2017
4. Mr. Bangar Dattaram B.. “Yoga &Mindfulness For Anxiety & Depression&The Role Of Mental Health”, Abasaheb Kakade Arts College Bothegaon 21,22 February 2018.
5. Mr. Bangar Dattaram B. “Careers Area In Physical Education & Sports”, New Arts , Commerce& Science College Parner. ISSN-2277-5730 (2018).
6. .Shirke Ravindra D.,Kale Vinayak N., Bangar Dattaram "Effect of stretching yogic Exercises on Private sectored Employee" (2018)
7. Bangar D. B. “Indian Democracy and Youth" (2018)

## III. Seminars, Workshops, Conferences and Symposia Attended/ Participated:-

<b>Sr. No.</b>	<b>Name of Activity</b>	<b>Topic / Title</b>	<b>Organizing College</b>	<b>Duration</b>
01	State Level Workshop	"Women Sports Opportunities and Challenges"	Shri Dhokeshwar Mahavidyalaya Takalidhokeshwar Tal. Parner Dist. Ahmednagar	27,28 January 2010
02	International Conference	"International Conference on Yoga and Physical Education"	Sir Parshurambhau College Pune	11 to 13 January 2011
03	Seminar	Physical Education	Shri Dhokeshwar Mahavidyalaya Takalidhokeshwar Tal. Parner Dist. Ahmednagar	05/02/2003
04	National Conference	The Relevance of Social Sciences in Constructing society	Pemraj Sarada College Ahmednagar	7,8 February 2017
05	International Conference	A PROPORTIONAL STUDY OF NIMBLENESS AMONG HANDBALL AND BASKETBALL MALE PLAYER	Bangkok, Thailand	May 2017
06	Seminar	<b>The Yoga &amp; Mindfulness For Anxiety &amp; Depression &amp; The Role Of Mental Health</b>	Abasaheb Kakade Mahavidyalaya Bodhegaon Tal. Shevgaon. Dist. Ahmednagar	February 2018
07	State Level Conference	<b>"Careers Area In Physical Education &amp; Sports"</b>	<b>New Arts , Commerce &amp; Science College Parner.</b> Tal Parner Dist. Ahmednagar	2018

**Papers Presented:-**

1. Presented a paper entitled ' A PROPORTIONAL STUDY OF NIMBLENESS AMONG

**HANDBALL AND BASKETBALL MALE PLAYER'**at the International Conference on Environment Sciences held at Bangkok, Thailand on May 2017

- 2 Presented a paper entitled "**Careers Area In Physical Education & Sports**",at the state level conference at New Arts , Commerce& Science College Parner. **ISSN-2277-5730 (2018).**
- 3 Presented a paper entitled "**Yoga &Mindfulness For Anxiety & Depression&The Role Of Mental Health**",at the state level conference at Abasaheb Kakade Arts College Bothegaon 21,22 February 2018.

Bangar Dattaram B.